



St. James Church  
299 Red Oak Dr. Aitkin

# Welcome to the Parishes of St. James and Holy Family Catholic Churches And Our Lady of Fatima Chapel



Holy Family Church  
2 S Maddy St. McGregor

Office and Mailing Address:

Office: 218-927-6581 Fax: 218-927-6589 Email: [aggie@aitkincatholic.org](mailto:aggie@aitkincatholic.org)

Mailing Address: 299 Red Oak Dr., Aitkin, MN 56431

### Pastor

Fr. David Forsman.....763-227-7968  
[fatherforsman@gmail.com](mailto:fatherforsman@gmail.com)

### Deacons

Bill Stein..... 218-927-3613  
[Deaconbillstein@aol.com](mailto:Deaconbillstein@aol.com)  
Mike Eisenbraun..... 218-513-8119  
[m.eisenbraun@yahoo.com](mailto:m.eisenbraun@yahoo.com)  
Mike Barta..... 218-232-0746  
[mjbart@frontiernet.net](mailto:mjbart@frontiernet.net)

### Religious Education:

#### St. James

Assistant Directors of Religious Education

Jr/Sr. High Jeremy Justen.....218-670-0165  
Elementary Jen Kinzer .....218-839-0344  
Marie James .....218-839-0680

### Prayer Chain Requests

Jan Burt (SJ).....218-927-3587  
Kathy Cummings (SJ)..... 218-927-6483  
Elaine Hill (SJ).....218-838-5982  
Carol Wiherski (SJ)..... 218-927-6880  
Shirley Scollard (HF).....218-839-0754

### Online opportunities

St. James: [www.aitkincatholic.org](http://www.aitkincatholic.org)  
Connect to St. James Church via Facebook

Holy Family & Our Lady of Fatima Chapel  
[www.mcgregorcatholicchurch.org](http://www.mcgregorcatholicchurch.org)

### Pray the Rosary

SJ—Sat. 4:25 pm/Sun. 9:25 am/  
Tues—Fri-8:05 am  
HF—Sundays 7:30 am  
OLOF—Sundays 9:30 am

### Bulletin Submissions

218-927-6581 or [bulletin@aitkincatholic.org](mailto:bulletin@aitkincatholic.org)

Deadline - Mondays at 4:00 pm.

**Find the Bulletin anytime at:**

[www.parishesonline.com](http://www.parishesonline.com)  
[www.aitkincatholic.org](http://www.aitkincatholic.org) (SJ)  
[www.mcgregorcatholicchurch.org](http://www.mcgregorcatholicchurch.org) (HF)

### Mass Schedule

#### Weekday:

Tues-Fri.....8:30 am St. James

#### Weekend:

Saturday.....5:00 pm.....St. James  
Sunday.....8:00 am.....Holy Family  
10:00 am.....St. James

### Confessions

Sat: 10:00—10:45 am St. James  
4:00—4:45 pm St. James  
Sun: 7:15—7:45 am Holy Family  
(or by appointment)

FOURTH SUNDAY IN ORDINARY TIME  
JANUARY 31, 2021



## 4<sup>TH</sup> SUNDAY IN ORDINARY TIME

In their synagogue was a man with an unclean spirit; he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are—the Holy One of God!" Jesus rebuked him and said, "Quiet! Come out of him!" - Mk 1:23-25

## A Message from Father David

### Prayer of St. Theresa of Avila

Let nothing disturb you,  
Let nothing frighten you,  
All things are passing away:  
God never changes.  
Patience obtains all things,  
Whoever has God lacks nothing;  
God alone suffices.

This last consequential prayer demonstrates a wealth of wisdom in just a few lines of text. Basically to sum them up:

**Don't be afraid**  
**Everything changes but God**  
**Be patient**  
**All you need is God**

Fear is the opposite of love. If you believed that you were truly loved by God and others then you would never know fear. Even sitting in a middle seat on a plane going down over the mountains would not cause fear if you truly believed that God has you "in the palm of His hand." There would be peace in all moments, never fear.

We change, God is incapable of it in His nature, He doesn't need to, He is perfect. It is true that our relationship to Him is always changing because **we change**, but **not** because God adapts to us changing. If you remember how the false (idol) gods of old were constructs of the people who worshipped them and how they were always changing these images to the people's particular needs, that was not (and never has been) the true God. The true God of the Chosen people was a Rock, steadfast in kindness and mercy, true to His Commandments and unrelenting in justice. He did not change. The people changed according to His image and likeness.

In the midst of the chaos and fear that the evil one creates and even in the midst of how God challenges us to keep His commandments and grow in the light of His love... **we must be patient**. Everything changes, and they can change quickly. I think of my friend, Fr. Ben, who has had 2 major strokes and one small stroke in 5 years. How he has endured so much therapy and tried to be true to his calling as a priest all the while being only 36 years old. So much patience, so hard, but...

God is all anyone needs; we lack nothing if God is a part of our life. That personal relationship with Him through prayer and in the reading of the Bible; that intimate communion with Him through the sacraments; seeking the face of God in the poor and in the vulnerable and serving their needs with love, these things are the way to God and it is all we need. Not material riches of wealth, not power or influence, not friends, food, drink or exotic vacations and travel. We don't have to be the best-educated or best-looking, have perfect families and goals for the future. All we need is a relationship with God... He suffices and those whom God possesses have everything they will ever need.

And so that is the Serenity Prayer, the Prayer of St. Francis and the Prayer of St. Teresa of Avila. I hope my explanation helped to open your eyes to their very relevant spiritual messages. The Serenity Prayer is a model for examining your conscience. The St. Francis Prayer exposes the problem of good vs evil and how to live in the light by giving away love (hugs). The Prayer of St. Teresa of Avila... fear not, God is ever present, be patient, all we need is God's Love.

**More to come...**

*God bless and have a good week everyone! Fr. David*

## Fr. David's Liturgical Schedule

### Sunday, January 31

7:15-7:45 am	Confessions (HF)
8:00 am	Mass (HF)
10:00 am	Mass (SJ)

Father David will be unavailable until  
February 17, 2021.

(HF)-Holy Family • (SJ)-Saint James



**Catholic Schools Week  
January 31—February 6**

**St. Thomas Aquinas  
School**

Donations are being collected from our parishes and forwarded to St. Thomas Aquinas Catholic School in International Falls. Thank you for your generosity.

**Latin America Collection**

Thank you for your generous support for the Collection for the Church in Latin America. The money will be used to share the faith with our brothers and sisters in Latin America and the Caribbean, so they in turn can share the Good News with others. If you missed the collection, it's not too late to give! Visit [www.usccb.org/latin-america](http://www.usccb.org/latin-america) and click "How to Give." Your gift makes a difference!



**Pope's Prayer for Intentions For February  
Universal Intention**

We pray for women who are victims of violence, that they may be protected by society and have their sufferings considered and heeded.

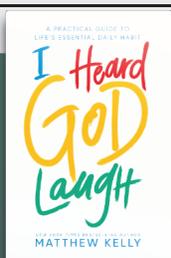


That Man Is You  
spring semester starts Tuesday,  
February 2 at 6:30 am at St. James.

**Your Body Wants Chocolate  
Your Soul Needs Prayer**

A Free Daily Lenten Experience

Join Matthew Kelly for BEST LENT EVER as you take a 40-day journey through the book *I Heard God Laugh: A Practical Guide to Life's Essential Daily Habit*. Sign up at [www.dynamiccatholic.com](http://www.dynamiccatholic.com)



Experiencing  
***I Heard God Laugh***  
with Matthew Kelly

**January 31, 2021**

- Sun: Dt 18:15-20/Ps 95:1-2, 6-7, 7-9 [8]/ 1 Cor 7:32-35/Mk 1:21-28
- Mon: Heb 11:32-40/Ps 31:20, 21, 22, 23, 24 [25]/Mk 5:1-20
- Tues: Mal 3:1-4/Ps 24:7, 8, 9, 10 [8]/ Heb 2:14-18/Lk 2:22-40 or 2:22-32
- Wed: Heb 12:4-7, 11-15/Ps 103:1-2, 13-14, 17-18a [cf. 17]/Mk 6:1-6
- Thurs: Heb 12:18-19, 21-24/Ps 48:2-3ab, 3cd-4, 9, 10-11 [cf. 10]/Mk 6:7-13
- Fri: Heb 13:1-8/Ps 27:1, 3, 5, 8b-9abc [1a]/ Mk 6:14-29
- Sat: Heb 13:15-17, 20-21/Ps 23:1-3a, 3b-4, 5, 6 [1]/Mk 6:30-34
- Next Sunday: Jb 7:1-4, 6-7/Ps 147:1-2, 3-4, 5-6 [cf. 3a]/1 Cor 9:16-19, 22-23/ Mk 1:29-39

Next Sunday: Fifth Sunday in Ordinary Time

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**Stewardship Report**



**Through  
January 17, 2021**  
(Fiscal Year: July 1, 2020-  
June 30, 2021)

**St. James •**

Attendance.....	213
Weekly Goal .....	\$5,020
Received 1/17/2021.....	\$4,244
Fiscal Year to date goal .....	\$145,586
Fiscal Year to date received.....	\$160,165

**Holy Family •**

Attendance.....	46
Weekly Goal .....	\$1,410
Received 1/17/2021.....	\$1,515
Fiscal Year to date goal .....	\$40,879
Fiscal Year to date received.....	\$42,331

**Our Lady of Fatima•**

Attendance.....	13
Weekly Goal. ....	\$127
Received 1/17/2021.....	\$260
Fiscal Year to date goal .....	\$3,675
Fiscal Year to date received.....	\$3,994

**Thank you for your contributions!**



## 4<sup>th</sup> Sunday in Ordinary Time

Most of us are quiet people who desire to live a good and holy life, promote the values and mission of the Gospel as best we can and desire to one

day inherit the surprise of life eternal God promises to us. We are not trail blazers. We are simple people who want to do the simple things of life well. But there are others who left a more profound impact along the way of the paths they walked. Folks like Dorothy Day, Martin Luther King, Thomas Merton, Gandhi, St. Teresa of Calcutta, and many others left lasting impacts and legacies. Like Moses, they show us by word and deed who God is and what integrity and a purpose driven life look like. They show us how to be holy.

We need Moses people like these to give us inspiration, hope and an example of holy living.

We do not need to do what they did or even mirror their relationship with God. Each one of us is God's special creation, with a purpose and soul known only to us. We need to learn how to open up and bring, without compromise, our soul-ness to life. We know when someone is authentic and centered because they always point to truth, even though they struggle and sin themselves, and they embody an unspoken timeless wisdom that just sounds and feels right. Jesus taught with this same type of authority and it astonished many who listened. We do not need to move mountains, advance a cause, write books or become notable. All we have to do is become credible witnesses of the faith we profess. Moses people can teach us how to do this.

St. Oscar Romero was an amazing man and a Moses figure for sure. He saw God in the burning bush and brought the flame of Gospel faith to the poorest of the poor, challenging the evils of the society in which he lived. He was tireless and persistent. He must have gotten very close to the problem because it cost him his life. He suspected it would. St. Romero said, "When we leave Mass, we ought to go out the way Moses descended Mt Sinai: with his face shining, with his heart brave and strong to face the world's difficulties." We can learn from this wisdom. If we allow the power of the Mass to truly transform us, we will leave that holy encounter changed. Our face will shine, and we will have courage. We can then bring what we have received to life's challenges. That sounds doable, doesn't it? Because of the example of our simple holiness, people will be amazed. ©LPi



## St. James

299 Red Oak Drive, Aitkin

### Knights of Columbus Meeting

The Knights of Columbus meeting is scheduled for **Tuesday, February 2nd** at St. James Church. Rosary 6:30pm; Meeting 7:00 pm. Please keep an eye on your email for any changes.

### St. James Food Shelf

Feb 6/7 Canned or packaged soup, large or small containers

Feb 13/14 Food Share Weekend

Feb 20/21 Chicken or tuna helper

*Thanks for all you do to help those in need.*



**REMEMBER**  
*in your prayers*

Please pray for Lawrence Erickson and his bereaved family and friends. May his soul and the souls of all the faithfully departed rest in peace.

## Holy Family

2 S Maddy Street, McGregor



### Volunteers Needed for Adoration

There is still a need for individuals to sign up for a permanent hour. Substitutes are also welcome to sign up. If interested, please call or text Andrea at 763-360-2058. Anyone may come visit the Lord in the presence of the Blessed Sacrament on Thursdays between 9:30 am and 6 pm with benediction beginning at 5:50 pm.

### McGregor Area Clothing Closet

After being closed the month of December, McGregor Area Clothing Closet (MACC) is open. February is Holy Family's month to staff the store. Masks are required and, to allow for social distancing, only 2 customers will be allowed in the store at a time. Hand sanitizer and wipes are available. The store is open Tuesdays and Saturdays - 10:00 a.m. - 2:00 p.m. Please give Ramona Hooper a call, 218-426-3344, to volunteer.

## Our Lady of Fatima

102 S Highway 65 McGrath

### OLOF Chapel Mass Schedule

The Rosary will be prayed half hour before Mass. Please note this schedule is subject to change due to Fr. Solors' availability.

Sunday, February 7, 2021 at 10 am

Sunday, February 14, 2021 at 10 am

Ash Wednesday, Feb. 17, 2021 at 10 am



## Religious Education

### Little Gobblers

Faith Formation packets are now ready for pick up if you have not already done so. These packets are for your February home lessons.

First Communion class will start soon. First Communion books will also be available with your February Family Formation Packets. Watch your email for more information about this class. If your child would like to join this class, please contact Jen as soon as possible so we can get you signed up and give you the necessary materials.

Questions? Please contact Jen or Marie. Thank you.

### CAGE Class Dates

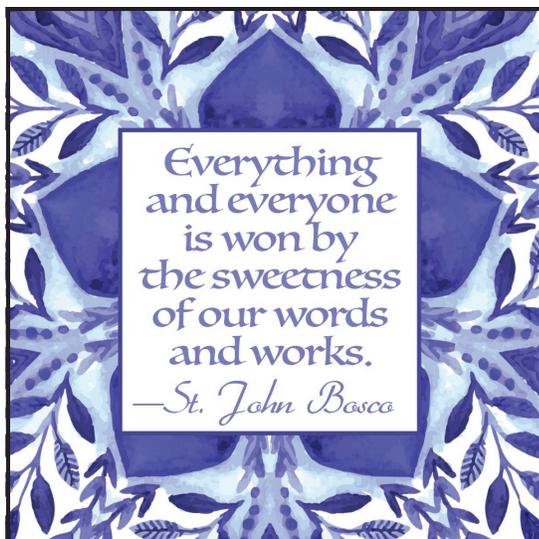
#### Sunday, February 7-After Mass

(Mandatory Confirmation Prep for juniors and sponsors)

For Wednesday CAGE Night classes, students should arrive by 6:25 pm.

February 3

February 10



#### Thursday, February 4

8:30 am Jim Spaeth (SJ)

#### Saturday, February 6

9:30 am Edwin Kraemer (SJ)

5:00 pm Tom and Marian Magee (SJ)

#### Sunday, February 7

8:00 am Paul Skaj (HF)

10:00 am Simon, Julia, and Francis Schwarzbauer (OL)

10:00 am Esther Hoge (SJ)

(HF)-Holy Family • (SJ)-Saint James •  
(OL) Our Lady of Fatima

# This Week

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#### Tuesday, February 2

6:30 am That Man is You (SJ)  
6:30/7:00 pm KC Rosary/Meeting (SJ)

#### Wednesday, February 3

6:30 pm CAGE night (SJ)

#### Thursday, February 4

7:30 am Rosary (SJ)  
9:00 am to 8:00 pm Adoration (SJ)  
9:30 am to 5:50 pm Adoration (HF)  
5:50 pm Benediction (HF)  
7:00 pm Holy Hour for Vocations (SJ)

#### Saturday, February 6

9:15/9:30 am First Saturday Rosary/Mass (SJ)

#### Sunday, February 7

After Mass Confirmation Prep Class (SJ)

## Liturgical Ministers

#### Saturday, February 6 at 5:00 pm (SJ)

Sacristan/Server.....Bob Cummings  
Lector..... LaVonne Anderson  
EOMs .....(MOB) Jean Abeln, Laura Eisenbraun  
Ushers ..... Pam Landgren, Gary Tibbitts, two volunteers

#### Sunday, February 7 at 8:00 am (HF)

..... Please see the green binder in narthex.

#### Sunday, February 7 at 10:00 am (OL)

..... Volunteers needed.

#### Sunday, February 7 at 10:00 am (SJ)

Sacristan ..... Terry Stein  
Servers ..... Ella and Noah Janzen  
Lector.....Russ Hoppe  
EOMs ..... (MOB) Tim Anderson, Adam James  
Ushers .....Duane Gross, Tom Provost  
..... Mark Ritter, KC Volunteer

(HF)-Holy Family • (SJ)-Saint James •  
(OL) Our Lady of Fatima